

## Q & A

### **Does Thyro-Balance™ lose its effectiveness with continued use?**

No. The nutrients in Thyro-Balance™ continue to be absorbed and utilised, not only by the thyroid, but by every organ and tissue in the body. They are in a highly absorbable, low dose form to allow long term use, if desired.

### **Can I take too much Thyro-Balance™?**

The recommended dose is designed to provide optimum benefit. As with any dietary supplement, it is best to stay within product guidelines.

### **Can I take Thyro-Balance™ with medicine?**

Thyro-Balance™ is a combination of nutrients needed by the thyroid to function at its best. As such, we are not aware of any interference with prescription or non-prescription drugs.

### **Is Thyro-Balance™ easy to take?**

Yes. Thyro-Balance™ is a liquid and is very easy to take. Simply put 2 or 3 drops of Thyro-Balance™ in juice or water and drink. The dropper comes with the bottle, so there is nothing else to buy.

### **Is the quality of Thyro-Balance™ reliable?**

Thyro-Balance™ is the same reliable product, bottle after bottle. This combination of high quality, easily absorbed nutrients has been used for almost 20 years. It is vegetarian (vegan) and dairy-free and contains NO animal products, sugar, caffeine, salt, yeast, wheat, gluten, soy, dairy, eggs, nuts, or artificial flavors, colours or preservatives.

## Q & A

Tell us how Thyro-Balance™ has helped you!

[www.adrenalfatigue.co.nz](http://www.adrenalfatigue.co.nz)

**All Future Formulations products are unconditionally guaranteed**

These products are not intended to diagnose, treat, cure or prevent any disease. The information provided is not a substitute for a professional health-care opinion. It is provided for informational and educational purposes only.

Distributed by

**FUTURE FORMULATIONS, LLC**

[www.adrenalfatigue.co.nz](http://www.adrenalfatigue.co.nz)

**Nutrisearch Ltd**

PO Box 8739 Havelock North 4157

Hawke's Bay New Zealand

Phone 06 877 1155 Fax: 06 877 2244

Copyright © 2006 Future Formulations, LLC  
All Rights Reserved

**FUTURE FORMULATIONS, LLC**

## Thyro-Balance™

*Special Nutrients to Promote Optimal Thyroid Function*

Formulated By  
**Dr. James L. Wilson**

*"It is very important to provide the thyroid with specific nutrients if you want optimum thyroid health. Thyro-Balance™ is the best way I know to get those nutrients."*

*Dr. James L. Wilson*



## Q & A

### **What is Thyro-Balance™?**

Thyro-Balance™ is a natural, liquid nutrient complex developed especially to support the thyroid gland. It provides specific nutrients the thyroid gland needs to function optimally, in a special bio-available format that facilitates their absorption and assimilation. This unique dietary supplement is formulated with such precision that it only takes a few drops a day to nutritionally support healthy thyroid function. Free of hormones, glandular and animal substances, Thyro-Balance™ enhances and does not suppress natural thyroid activity. This complete and balanced nutrient formula has been used successfully for many years to support healthy thyroid function, and can be also be used as targeted nutritional support for people who take thyroid hormone.

### **What does my thyroid gland do?**

Located near the base of the throat, the thyroid is the main endocrine gland responsible for controlling metabolic rate. It produces the hormones thyroxine (T4) and triiodothyronine (T3) that regulate the speed at which cells generate energy and heat throughout the body. These hormones also play important roles in mental function, mood, weight accumulation, bowel function, skin and hair health, and other essential physiological processes. Calcitonin, a third hormone manufactured and secreted by the thyroid gland, helps maintain bone density by inhibiting bone resorption, i.e. helps keep bone tissue from breaking down.

### **Why does the thyroid gland need nutrients?**

The thyroid cannot work at its optimal level without specific nutrients. This is a delicately

## Q & A

balanced gland that may require extra nutritional support at any time in life. Unfortunately, the average diet often fails to provide even minimal amounts of these nutrients. Poor food (especially lots of sweet things), stress, lack of sleep, environmental pollutants like fluoride and chlorine, birth control pills, pregnancy, perimenopause and menopause, as well as other factors can increase the thyroid's nutritional requirements. Adequate nutrition is essential for the optimal production of calcitonin and the main thyroid hormone, thyroxine (T4), and for the conversion of T4 by the liver into its active, usable form, triiodothyronine (T3).

### **What are the ingredients in Thyro-Balance™?**

Thyro-Balance™ contains a special liquid blend of calcium, chromium, iodine, magnesium, manganese, selenium, zinc, vitamin A, beta-carotene, vitamin B 1, vitamin B 2, vitamin B 3, vitamin B 5, vitamin B 6, vitamin B 12, folic acid, biotin, vitamin C, bioflavonoids, vitamin D, vitamin E complex, boron and choline, in a base of L-tyrosine and liquified seaweed with citrus seed extract. Thyro-Balance™ is a VEGETARIAN, HORMONE-FREE product that contains NO DAIRY, GLUTEN or SUGAR.

### **How does Thyro-Balance™ work?**

Thyro-Balance™ provides optimal forms, proportions and amounts of the specific nutrients needed daily by the thyroid gland that are often missing or deficient in the average diet. These nutrients are specially processed to make them easy for the thyroid gland to absorb and utilize. With proper nourishment, the thyroid can more easily manufacture and secrete thyroid hormones (T3, T4 and calcitonin) as needed

## Q & A

by the body to maintain health.

### **How quickly will Thyro-Balance™ begin to work?**

Although the nutrients in Thyro-Balance™ become available almost immediately, the body needs time to make adjustments. It usually takes one to several weeks to see noticeable results.

### **Who should take Thyro-Balance™?**

Anyone who wants nutritional support for optimal thyroid function should try Thyro-Balance™.

### **How should I take Thyro-Balance™?**

Take 2-4 drops of Thyro-Balance™, once or twice daily in non-citrus juice or water, preferably on an empty stomach. After 2 months, decrease to 2 drops once a day. If ongoing extra support is desired, continue with 3 drops, twice a day as long as needed. For best results take consistently every day.

### **How long should I take Thyro-Balance™?**

There is no time limit on the usefulness of Thyro-Balance™ as a targeted nutritional supplement. However, 2 to 6 months of taking Thyro-Balance™ daily as directed should compensate for any deficiencies of these nutrients the thyroid gland may have experienced. Many people are able to decrease the daily amount after taking it consistently for 2 to 3 months and choose to continue taking it indefinitely to maintain optimal support for healthy thyroid function. The bio-available nutrients in Thyro-Balance™ also nourish the other cells in the body as well as those of the thyroid gland.