



## Dr James Wilson PhD, ND, D.C

Dr James Wilson is one of a few who have earned 3 doctorates and two masters degree's and all in different health related disciplines. He received his Ph.D in Human Nutrition from the university of Arizona with research in cellular Immunology. His doctorates in Chiropractic and Naturopathic Medicine are from the Canadian Memorial Chiropractic College and the Ontario College of Naturopathic Medicine (CCNM).

Dr Wilson was invited to lecture at the Royal Society of Medicine in London in 2007 and again in 2010 where he received wide acclaim for his pioneering work on stress-related disease and adrenal function. Dr Wilson is an acknowledged expert, particularly in the area of stress, immunity and adrenal function and is a highly respected and sought after lecturer in the medical and public communities throughout the world.

With 30 years of practical clinical experience and research Dr Wilson provides practitioners with the knowledge required to achieve great patient outcomes and operate busy successful clinics.

PRESENTING

## Comprehensive Detoxification

SUBJECTS COVERED:

### Introduction to Comprehensive Detoxification

This year I am especially excited to bring an entirely new presentation to you on a topic I have been asked to cover by New Zealand health professionals for several years – comprehensive detoxification. From what I hear, more physicians are coming all the way from Australia to join us because of the interest this presentation has generated, even before it is officially “out of the box”. This is no ordinary lecture about how to cleanse the colon, although we will certainly cover that. This is a detailed plan for how to comprehensively detoxify the body at all levels, safely and effectively.

### Various Layers of Detoxification

Superficial detoxification is easy, but going deeper to detoxify where the toxins are primarily stored requires knowledge that is not easy to obtain, although badly needed. Although New Zealand has resisted some of the polluting ways of other nations, the toxic patient has become common enough in New Zealand that no holistic-minded healthcare practitioner can practice true health care without an understanding of toxicity and how to detoxify patients. In this presentation we will cover how to detoxify at every level, including how to prepare patients for the different levels of detoxification and even how to prepare them for amalgam removal by their dentists.

### Case Studies and Clinical Experience

Be forewarned: this presentation contains some graphic case material. I will reveal how I got some patients out of wheelchairs using detoxification methods – patients who had often been to over a dozen doctors who could not find anything wrong with them. This is especially rewarding information to share because there are no comprehensive books on the subject, even though dozens have been written. It is great to be on the cutting edge of this important topic and to be able to share with friends and colleagues as we spend a day together learning from each other.

### In Addition

- Dr Wilson will ensure that practitioners who attend this presentation will be left with a much deeper understanding of detoxification methods often not available in traditional Integrative training.
- Practitioners will be able to hone their skills around the holistic approach to treating patients and ensure that toxicity is always a major consideration when putting together a comprehensive treatment program for patients.
- Although a very complex topic, Dr Wilson will simplify areas of complexity to ensure practitioners are left with the tools to implement treatment programs in their clinic on Monday morning to achieve the very best patient outcomes.
- A powerful presentation that Dr Wilson presents throughout the USA to wide acclaim, deep research that contains material not normally presented with such depth in combination with 30 years of clinical experience.

**A personal note from Dr Wilson** “Last year we burst the room and had to turn people away. Let’s do it again this year! Bring your friends, but make your reservations early so you won’t miss out as we learn and laugh together in the great spirit of camaraderie of New Zealand’s healthcare professionals I’ve experienced so many times before. I am looking forward to seeing each and every one of you in July!”



## Dr Joseph Collins RN, ND

Dr Joseph J. Collins, RN, ND is a Naturopathic Physician who developed the phytocrine™ model of endocrine therapy, based on years of clinical experience, and validated by extensive review of published international scientific & medical research.

Dr Collins now educates other integrative practitioners globally with an effective natural approach to balancing patients’ hormone systems that can be achieved easily in any clinic. His functional endocrinology clinical practice focuses on adrenal fatigue, hypothyroidism, menopause, andropause, PMS/PMDD, PCOS and blood sugar disorders.

He has extensive experience in the advanced use of adaptogens to support and improve hormone function through the modulation of various homeostasis regulatory systems which control hormone production and hormone function.

PRESENTING

- Making Your Own Hormones and Making Them Work
- Restoring the Production and Function of Endogenous Hormones

SUBJECTS COVERED:

### Botanical Medicines to Restore Hormones

Even though bioidentical hormone replacement therapies have value in managing the decline of natural hormones, more attention can be given to the use of botanical medicines to restore production of endogenous hormones and to restore optimal function of those hormones. Endogenous production can be restored by specific adaptogen combinations that effect endocrine tissue through targeted cellular signaling of specific endocrine tissues.

### HPA, HPT, HPG & Other Homeostasis Regulatory Systems

Adaptogens restore normal function to the various hypothalamic-pituitary axes, including the hypothalamic-pituitary-adrenocortical axis (HPA), the hypothalamic-pituitary-gonadal axis (HPT), and the hypothalamic-pituitary-gonadal axis (HPG). In addition, adaptogens restore normal function to other homeostasis regulatory systems such as the sympatho-adrenomedullary system (SAS), the glucose-insulin system (GIS), the renin-angiotensin-aldosterone system (RAAS), and more.

### Cellular Signaling

Just as important, is the need to restore the function of endogenous hormones and improve the response of target tissues to the hormones that can affect those target tissues. This requires overcoming hormone resistance. This is accomplished by using specific adaptogen combinations that restore cellular responses to hormones through targeted cellular specific signaling of tissues that respond to hormones. Just as specific botanicals can cause endocrine tissues to secrete hormones, specific botanical constituents can also provide hormone like messages to hormone responsive tissues. This cellular signaling will affect tissues that respond to hormones and thereby help the target tissues overcome hormone resistance that has been interfering with the ability to respond to hormones.

### In Addition

- This presentation will teach practitioners clinical decision making tools based on signs and symptoms as well as lab tests.
- Specific information on how to choose which adaptogenic tools to achieve a very high rate of improved patient outcomes.
- Provide practitioners with the ultimate confidence that hormone balancing can be achieved naturally and effectively by the patients’ body once it has been given the proper building blocks.
- Learn about the variations in thyroid disorders as well as the different types of menopause, PMS and PCOS, and how to provide personalized therapies based on the unique needs of each patient.

**A personal note from Dr Collins** “In July I will fly 13,000 km from Florida to New Zealand and have the pleasure of joining Nutrisearch’s practitioners for a full day of education. It is with great anticipation that I will have the opportunity to share my research and clinical experience with a group of fellow integrative health professionals, my intention is to assist you and provide you with clinically proven tools that your clinic and patients will benefit from immediately. I look forward to healthy Q & A Sessions and case studies as well!”

# 2015 NUTRISearch ANNUAL CONFERENCE

Comprehensive Detoxification & Natural Hormone Production

25th July 2015

Dr James Wilson PhD, ND, D.C

Dr Joseph Collins RN, ND

## CONFERENCE PROGRAMME

- 8.15am** Registration
- 8.30am** Welcome and Introductions by Nutrisearch
- 8.45am** **Dr James Wilson** – Introduction to Comprehensive Detoxification (2.0 hrs)
- 10.45am** Morning Tea (15 mins)
- 11.00am** **Dr James Wilson** – Various Layers of Detoxification (1.45 hrs)
- 12.45pm** **Dr James Wilson** – Q & A (15 mins)
- 1.00pm** Lunch
- 1.45pm** **Dr Joseph Collins** - Botanical Medicines to Restore Hormones, HPA, HPT, HPG and Other Homeostasis Regulatory Systems (1.5 hrs)
- 3.15pm** Afternoon Tea (15 mins)
- 3.30pm** **Dr Joseph Collins** - Hormonal Cellular Signaling (1.5 hrs)
- 5.00pm** **Dr Collins & Dr Wilson** – Q & A (30 mins)
- 5.30pm** Day concludes

Conference fee includes - all day beverages, morning and afternoon teas and a delicious buffet lunch.

Your certificate of attendance will be provided on the day including appropriate CPE hours.

Please note – we request no digital/video taping or voice recording of the day's presentation. A full set of notes from each speaker will be provided.

*Our ongoing focus is to provide clinically effective solutions to optimise patient outcomes.*

**FEATURING**  
INTERNATIONALLY RECOGNISED  
INTEGRATIVE HEALTH RESEARCHERS  
WITH COMPREHENSIVE CLINICAL  
EXPERIENCE

20th April 2015

Dear Practitioner

# 2015 NUTRISearch ANNUAL CONFERENCE

Comprehensive Detoxification & Natural Hormone Production

25th July 2015

Nutrisearch invites you to be involved in a "not to be missed" highly interactive day of:

- Inspiring lectures
- Question and answer sessions, and
- Presentation of difficult case studies

We are delighted to have secured two internationally recognised integrative health researchers/clinicians to spend a full day with our practitioner clients.

Introducing

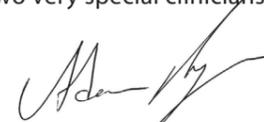
### ■ Dr James Wilson PhD, ND, D.C

Internationally in demand, Dr Wilson is recognised as the adrenal fatigue and stress guru globally. Dr Wilson is always well received in New Zealand because of his extensive knowledge and ability to educate practitioners on the effects of stress in the human body and his practical clinical knowledge gained from 30 years in his very own successful Integrative practice. He always leaves practitioners with the tools you can implement in your practice on Monday morning to ensure the best clinical outcomes. Dr Wilson will present 3.75 hours of new material and research on Comprehensive Detoxification, a presentation that attracts a lot of interest globally, providing practical tools that will bring New Zealand clinicians up to speed with international standards around a topic that is often regarded as extremely complex.

### ■ Dr Joseph Collins RN, ND

Dr Collins is a Naturopathic Physician with a Washington license (1993 graduate of the National College of Naturopathic Medicine). After practicing lay herbalism in the 1970s, he became licensed as a Nurse in 1979, and retains his Registered Nurse license. Dr Collins is a 1993 graduate of the National College of Naturopathic Medicine. His Naturopathic Medical practice focuses on integrative approaches, emphasising integrative and functional endocrinology and cellular signaling, which resulted in his development of highly specific herbal formulations for the restoration of specific hormone functions. His personalised approaches addresses the variations of menopause, PMS/PMDD, PCOS and PCO-like syndrome, andropause, adrenal fatigue, thyroid dysfunction, insulin resistance, and fatigue disorders.

This is a rare opportunity to learn valuable protocols from a combined 60+ years of clinical practice and research through two very special clinicians. We look forward to receiving your registration to this event.



**Adam Ryan**  
Managing Director, Nutrisearch

**nutri search**  
NUTRITIONAL EXCELLENCE

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